



# GREEN MAGAZINE

*an independent eco friendly lifestyle magazine*

JULY 2011 VOL.10

Recycle

Renew

Rethink

Relove



## That's what Friends are For

Do you ever find yourself thinking about your friends- old or new and are too busy to call or email them? I have sure been guilty of this on many occasions; however I am really trying to reach out more and connect with my friends.

Friends make us laugh, are with us during hard times and love us unconditionally. Friendship is like food for the soul. It feeds a very basic need to connect and feel loved. Plus, unlike our family- we actually choose these people to hang out with!

With more and more technology available would you say that you are more connected or less connected? I think we have the ability to be more connected if we choose. I love being able to catch up with friends on facebook or text them a funny one liner just to brighten their day, and what would I do with out my daily call with my bff? But for me, there nothing like in person communication- whether it's chips & queso at El Tap or my yearly get away with the girls- my soul just needs that connection.

I hope that you are blessed with good friends, and that you are a good friend, keeper of secrets and welcoming arms... Friends enrich our lives and are good for our health and well being.

The July 30 is International Friendship Day- so make sure your friends know you care!



and as we go on...  
*we remember*  
ALL THE TIMES WE'VE HAD TOGETHER  
and as our lives change  
*from what ever*  
WE WILL STILL BE  
**FRIENDS FOREVER**



## *Introducing our sister store Rave Studio Vintage!*

Located in Historic Downtown Burnet, Texas, Rave Studio Vintage is a vintage apparel boutique. The first of its kind in the Texas Hill country, much like Muse-Rave carries a variety of women's & men's vintage from the 40s & 50s to current upscale brands.

512-715-9362

ravestudiovintage@yahoo.com

105 W. Jackson, Burnet, TX

The Yayas strike again!!!

Once my dear friends - the Yayas { Chrysti, DeAnna & Denise } came up from Texas to help me open Muse Studio Vintage- they were hooked on vintage and it's potential... I think mostly hooked on hanging out with each other, telling stories and laughing so hard we peed our pants- I mean- *not me*- I would never... but anyway-

This summer Chrysti must have got bored with her husband Sid {aka the Master of the Universe} and decided Burnet was the perfect place for Muse's counterpart - and before you know it- the Yayas sprung back into action to open Rave Studio Vintage! Let me tell you- with two days, a fanny pack, a tag gun and some power tools- we are literally UNSTOPPABLE!

But seriously , I am amazed at how when we get together our conversation always starts right back where it was before whether it is last week or last year. I love these girls like they were my sisters. We know WAY too much about each other AND we still like each other- which is what true love & friendship is all about, right? So in honor of our amazing friendship- I thought I'd share some photos of our excursions!

Here's to Rave Studio Vintage & amazing girlfriends! Yaya!



# WHERE CAN YOU RECYCLE?

Please call & check to verify

## Aluminum cans (only):

Habitat for Humanity

580-775-0719

Containers, liners & pick-up service is free

of charge for organizations.

## Appliances:

SORD

31 Sord Dr.

\$10 per appliance w/Freon

580-226-1276

## Ardmore Beautification Council

580-223-2285 (to schedule pickup)

Window A/C, Washers, Dryers, Stoves, Fridges, Bicycles (No Freon removal required)

## Cell Phones:

Cell Phones for Life, Inc.

24 N Washington

Ardmore, OK 73401

1-800-585-5503

## Clothing (Ardmore Locations):

Blankets, towels, & socks

Ardmore Animal Care

321 Carol Brown Blvd.

Ardmore, OK 73401

580-223-7070

## Salvation Army Thrift Store

1211 N. Washington

580-223-6279

## St Mary's Thrift Shop

311 Washington

580-223-8033

## Sunshine Industries, Inc.

500 Park Street

580-226-1444

## Ink Cartridges:

Staples

1203 N Commerce

Ardmore, OK 73401

580-223-0630

## Iron & Metal:

Old appliances (Freon removed), old cars, copper & brass fixtures, aluminum cans

OK Iron & Metal

700 P Street NE

Ardmore, OK

580-223-2283

## Paper Products:

Newspaper

Shredded Paper (no staples)

Ardmore Animal Care

321 Carol Brown Blvd

Ardmore, OK 73401

580-223-7070

## Pesticides:

For Disposal Information contact -

City of Ardmore Water Pollution Control Dept.

3600 Sutton Road

580-220-2831

## Plastic Bags:

Loaves & Fishes

D & Stanley (garage)

4-5 p.m. M-F

Contact: Howard Guyer

580-223-2846

## Tires:

Local Tire Dealers accepting scrap tires

## Wine/Liquor Bottles:

Main St. Wine Depot - 580-223-4441

## Recycling Drop-off Centers:

Plastic Bags, plastic bottles, newspapers, aluminum, Christmas trees (NO household trash or garbage)

City of Ardmore - Operation Pride

317 Carol Brown Blvd

Contact: Joe Fine

580-226-8855

## Michelin/MTC Credit Union

2001 12th Ave. NW

Cardboard, paper, plastic

**DON'T LET RECYCLING BE A PANE IN THE GLASS!!!! LOOK AT ALL THE COOL THINGS YOU CAN DO WITH GLASS!**



<http://www.friendsofglass.com/recycle>

# Friendship Fashion

Show your girls some ♥ with friendship bracelets, matching t-s & necklaces, or hairdos - so fun!



## TARGET GREEN:



<sup>TM</sup> The goal of TARGET GREEN is to promote Ardmore area awareness of buying locally made, recycled, or organic products from local business. More of your dollar stays in your community and less energy is wasted when you buy locally made, organic or recycled products from a local business.

WE WANT YOUR HANDCRAFTED HOME DÉCOR, JEWELRY, ACCESSORIES, APPAREL, GIFTS, ETC.



Are your handmade pieces “Etsy worthy”, but you just don’t have the time to or know-how to sell your creations?

Make an appointment with Dondi to sell your handcrafted art & wares, paper products, home décor, apparel and vintage pieces in ReLove by email

[dondi@musestudioanddesign.com](mailto:dondi@musestudioanddesign.com) or call 580.229.5806



These Adorable “Sweet Shop” Stuffed Animals handmade by Tania Delgado can be found at ReLove

# Shop Main Street Ardmore

Buy Local



Buy Green

## SHOP ARDMORE with TARGET GREEN



By following this guide when making purchases you will make a greater impact in your local economy & community. Did you know that for every \$1 you spend at a local business, 80¢ or more is recycled back into the local economy?

The **TARGET GREEN** icon is visual reminder to focus in and make as many purchases in the greener bubbles (local business), and attempting to limit your purchases to entities outside your city, county, state & country (businesses outside of the target). The further away you get from your target, the more energy that is consumed and the less money that stays in your community.



Think of this bubble as the local big chain stores and businesses- they give to your community- they create jobs- they are our friends and neighbors. Most of their products are not grown or made locally, but some may be. Many are making eco friendly and sustainable efforts.



This bubble represents local franchises- they are owned and operated by people who live in your community. They are likely to buy products or services from local providers, and are more likely to contribute to non profits, schools, etc.



You're getting greener- as this bubble represents brick & mortar businesses in your town. They are the heart and soul of our country and our communities. They are locally owned and operated. Their products may come from outside the community, but they are more likely to purchase products and services from other local businesses.



This is the Queen of Green! It represents the small and /or mom and pop businesses that provide locally made and/ or eco-friendly or recycled products. They are farmers, ranchers, craftsman, quilters, antique dealers, artisans, etc. They are more likely to use less energy because their products are recycled, renewable, or made and sold locally (generally are not delivered from outside your town, reducing energy usage). More of the money spent with these businesses gets pumped back into your local economy- thus keeping the "green" in your community!

For more information please visit <http://www.musestudioanddesign.com/greenmagazine>

# MUSE STUDIO VINTAGE

[www.musestudioanddesign.com](http://www.musestudioanddesign.com)



Thursday: 12pm-5pm  
Friday: 12pm-5pm  
Saturday: 10:30am -5:30pm  
Sunday: Closed  
Monday: By Appointment  
Tuesday: By Appointment  
Wednesday: By Appointment

Call 580.229.5806 for appt.

Muse is a working, online studio, shipping worldwide Mondays through Wednesdays. We are flexible and available to tailor your shopping experience to fit your needs& schedule any day of the week!



**I WANT YOU** TELL  
US ABOUT YOUR EVENT, GROUP,  
IDEAS, RECIPES, OR  
EXPERIENCE!!!! WE WANT TO  
HEAR FROM YOU!SEE CONTACT INFO >



## Come Downtown & Visit our Neighbors!

Please Support our Friends Downtown & Buy Local

Live, Work, and Play in  
Historic Downtown Ardmore

### SHOP

Ashley's Bookstore  
Ardmore Emporium  
Antiques Etc.  
Keys Uptown Grocery  
Muse Studio Vintage  
Studio 107  
ReLove {located in Ardmore Emporium}  
The 9  
Wine Depot  
[www.paradise marketplace.com](http://www.paradise marketplace.com)

### DINE

Edamame An American Sushi Bar  
Café Alley  
The Cellar Restaurant  
The Downtowner  
Hamburger Inn  
Ten Star Pizza  
Mix it Up Nutrition

For More information about Downtown Ardmore- Please check out Ardmore Main Street!  
[www.ardmoremainstreet.com](http://www.ardmoremainstreet.com)

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