

GREEN MAGAZINE



RECYCLE.RENEW.RELOVE.RETHINK.



DEC 2010 VOL.3

WELCOME to GREEN MAGAZINE a local, independent, eco friendly publication



GIVING GREEN

It's the most wonderful time of the year! The perfect time to focus on the things that really matter in life... to spend time with our loved ones- time to create memories, share traditions and to give to those who are less fortunate. In an over-commercialized world we can be distracted and forget what this season is all about- at least I know I have been guilty of this on more than one occasion... so for this edition, I'm sharing ideas for "Giving Green"- things that may not cost a lot to produce, but may mean the world to someone, giving in a way that nourishes your soul, your friends, your community.

This issue will focus on

- volunteering our time, and talents
- making something with our hands
- acts of service
- "regiving"- by buying local

In my opinion, being a good steward of the earth and giving go hand in hand... I wish for you and your family a holiday season filled with warm laughter, giving from the heart and receiving with gratitude.

Merry Christmas, Happy Holidays & a Joyful New Year,

Dondi

Looking back over 2010...

What were the highlights & lowlights?

What will you change in 2011?

What are you grateful for?

Were you a good steward of your money,
body, relationships, community, earth?

Share your stories with us!

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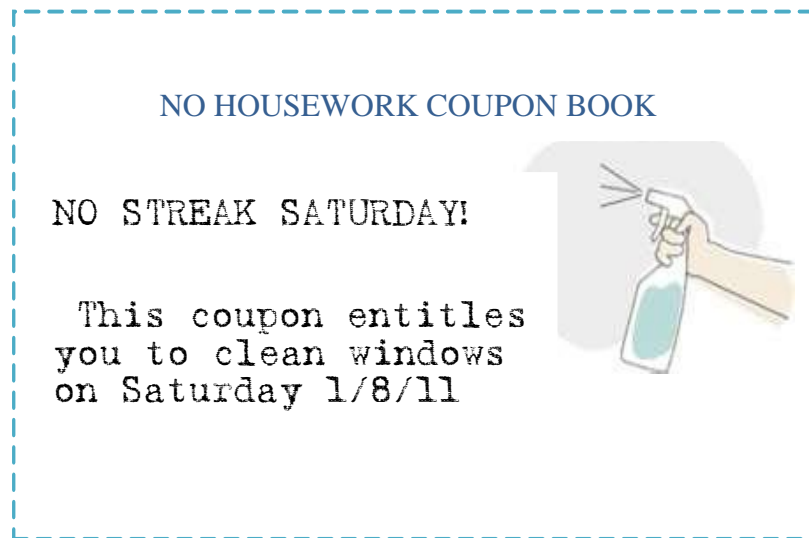
{The Gift of Time}

I know you've heard this a million times, but the gift of your time can really make an impact. Volunteer at our local soup kitchen, animal shelter, church, or retirement home – you may start out with the intention of helping others, but you may very well be the one that is blessed from the experience.

Retired? Volunteer to read, tutor math or a teach skill to a young person. Just an hour or two a week can change someone's life!

{The Gift of Service}

Rake the leaves, clean the windows walk the dogs of a friend or loved one. Coupon books are creative a great way to share:



{The Gift of Art}

Can you play an instrument? Paint, sing, craft? Why not share your gift? When my kids were younger, I organized art incentive classes at their school. Children with good grades and behavior were given a pass to come to art class! One of the classes I taught featured art by Jackson Pollack. We went outside and drizzled and splattered paint for an hour- it was so much fun, and I still have kids tell me that they can spot a Pollack piece anytime!

{The Gift of History}

So many young people may know who was kicked off American idol, when Prince William is getting married, what Blake Lively wore to the latest Elle party- but they don't know or haven't learned history. It's completely free to reserve a room in the library and offer classes to the public. Why not share your memories, experiences and knowledge of history?

[{Here's a list of a few LOCAL NON PROFITS that may be able to use your help}](#)

ARDMORE SOUP KITCHEN / 11 B Street NW /(580)226-2870

THE GRACE CENTER OF SOUTHERN OKLAHOMA,INC / 11 A NW/ (580) 223-2027

ARDMORE ANIMAL CARE (ANIMAL SHELTER) / 321 Carol Brown Blvd /(580) 223-7070

GET OUT.
GET MOVING.

Simple Acts of Service

are a beautiful way to give
and get off your bum!

Rake your neighbor's

leaves, paint or do handy

work for an elderly

friend, babysit for a young

new mother, run errands

for a friend under the

weather- there are so

many ways that just a

little bit of time can really

help someone- plus it's a

great way to get out & get
moving!

Nonnie's German Potato Pancakes

Ingredients:

2 cups left over mash potatoes { still cold from being refrigerated overnight -don't make them too runny}

1 can whole kernel corn drained

2 cups flour

1 tsp salt

1/2 tsp pepper

Directions:

In small bowl take flour add salt & pepper

In a separate bowl add drained corn to potatoes

Mash potatoes & corn mix the into flat pancake shapes

Dip pancakes in flour/salt/pepper mixture

Place pancakes in frying pan in hot grease on med high

Fry until crispy golden brown {flipping when necessary}

MAKES 6-8 SERVINGS

Can be served with applesauce, mustard, or ketchup- whatever your heart desires!



The Art of Making Things

Baking Sewing **Knitting** WELDING Sculpting *Whittling*

Sanding BLOWING Cooking Cutting *Drawing* Painting

Basting QUILTING **Gluing** HAMMERING Stringing Shaving

Potting **Blotting** Canning **Forming** Growing *Stitching*



At some point along the way we've forgotten how to make things with our hands... and I think- we've forgotten the *importance* of creating things with our hands. These things take time... they take effort...patience...consideration.....

There is an art to making things, a beautiful unfolding of one's self and soul goes into a hand carved jewelry box, a knit sweater, a glass bowl, a jar of preserved jelly...

So many things we buy are massed produced in China, India, Mexico...in a factory...in conditions we do not know of ..or hardly really care about...or even consider. I'm reminded of a quote from Francisco d'Anconia, {a character in the book Atlas Shrugged} regarding money -"*Those pieces of paper, which should have been gold, are a token of honor--your claim upon the energy of the men who produce.*" I wonder - how many goods that I exchange my dollars for do I *give the honor* to? And would I appreciate things more if I took the time to grow my own food, make my own clothes...would my children appreciate things more as well if they actually had to put effort and patience into creating something that they use?

This last summer we planted a family garden- if you have never done this- I HIGHLY recommend it. My family learned that #1 we would possibly starve if we ever had to grow enough food to sustain us, and #2 {but most importantly}- there is nothing better in the world that tasting the food that you planted as a seed - tending to, nurtured, and waited for- it tastes far more amazing than any grocery store food hands down! Just like there is no bird feeder better than the one your son makes even if it isn't perfectly aligned, or a quilt more comforting than one that your grandma made- because her love is in each stitch... Gosh, I just really miss those days of craftsmanship, creativity, quality...effort... The sacrifice & consideration! The art of making things is almost a lost art in America today, and I think we would do ourselves & others a favor by making things more often. ... Make something for someone. Make something for yourself. Make something & sell it or barter with it... it may literally change your life!



"ReGive" - Buy Local...

When you buy a product from a local farmer, artisan, craftsman- you are literally "regiving" to your community... you provide a way for that person that has created something with their hands to continue to cultivate by purchasing supplies and services from other local merchants, whose dollars support our local schools and non profits. Keeping your dollars in your community rather than sending them outside of your state or country is great way to contribute to local economic growth- it's a win- win for everybody!

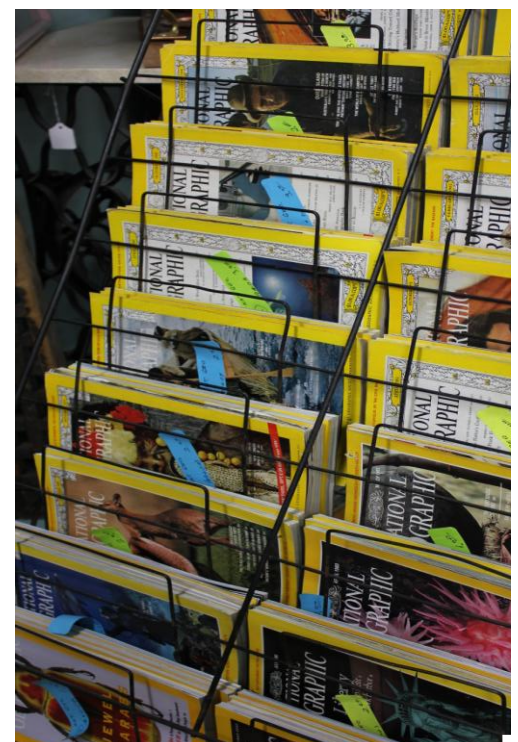
For a guide to buying local please see our TARGET:GREEN printable PDF Brochure at http://www.musestudioanddesign.com/files/TARGETGREEN_MUSEpdf.pdf



RECYCLE.RENEW.RETHINK.RELOVE

These vintage National Geographic magazines can be found at Ardmore Emporium. It's so much fun to share retro publications with your friends and family.

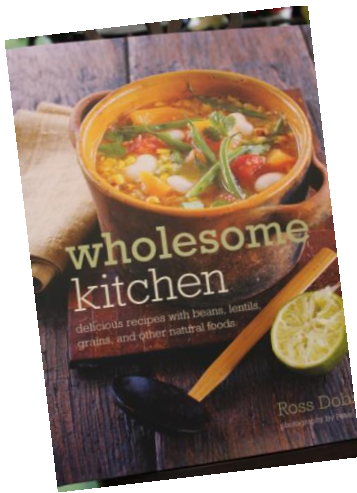
The stories are still great- the pictures still majestic- they will inspire & educate!





Dondi's FAVORITE THINGS!

Why let Oprah have all the fun? !!! Here are some mv favorite things from Downtown Ardmore!



This Wholesome Kitchen book is filled with awesome recipes with great pictures & I love these dainty little beaded earrings from A Finely Feathered Nest/ Super cool Fringe Suede Booties from Kinzie & Co



Super soft cashmere scarves or this cool Oklahoma pillow from Pocket Shop/ Peace glasses from A Finely feathered Nest in "the 9"



Robin's egg colored jug- perfect for fresh flowers! From Ardmore Emporium/ Vintage Silver Snakeskin pumps & one of a kind octopus necklace from Sadie Bella at Muse Studio Vintage / Bling Rings at Kinzie & Co

Please Support our Friends Downtown!



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Live, Work, and Play in
Historic Downtown Ardmore
www.paradisialleymarketplace.com

SHOP



The 9

A Finely Feathered Nest
The Pocket Shop
Dirt Road Diva & more!

Ardmore Emporium
Kinzie & Co.
Antiques Etc.
The Art of Sadie Bella

DINE

The Wine Depot
The Cellar Restaurant
Edamame an American Sushi Bar

MUSE STUDIO VINTAGE
102 Paradise Alley www.musestudioanddesign.com

